



Learning Activities Training



What is WhyTry?

The WhyTry Program is a strength-based approach to helping youth overcome their challenges and improve outcomes in the areas of truancy, behavior, and academics. It is based on sound, empirical principles, including Solution Focused Brief Therapy, Social and Emotional Intelligence, and multi-sensory learning.

The idea is simple: Teach social and emotional principles to youth in a way they can understand and remember. This is accomplished using a series of ten pictures (visual analogies). Each visual teaches a discrete principle, such as resisting peer-pressure, obeying laws and rules, and that decisions have consequences. The visual components are then reinforced by music and physical activities. The major learning styles—visual, auditory, and body-kinesthetic—are all addressed.

Why Experiential Training?

Have you ever done an activity and still remember it today? Since many people are kinesthetic learners we have developed many activities based on the WhyTry analogies and the principles that each one teaches. Youth will walk away with a hands-on knowledge of the topics. The training on group experiential activities for each Why Try visual metaphor. The training will cover materials needed, safety rules, set-up, the activity, and processing and linking the activity back to the visual metaphor. The hands-on learning activities are particularly helpful in group settings for increasing participation and learning. If you run groups, or teach a class, you won't want to miss this training opportunity.



Experiential Activities - See the experiential activities demonstrated and get first hand training and ideas on how you can increase participation and learning for everyone involved. During this training we will cover activities for:

- **The Reality Ride** “The Game of Life” & “The Keys for staying on Track”
- **Tearing of Labels** “The Can / Target” & “Panning for Gold”,
- **Defense Mechanisms** “Frustration Squares” & “The Creative Pyramid”
- **Climbing Out** “Peer Pressure” & “The Pot”
- **Jumping Hurdles** “The Acid River” & “The Electric Hurdle”
- **Desire Time Effort** “Ring Challenge” & “Stumbling Blocks or Stepping Stones”
- **Lift the Weight** “Power Lift” & “Weight Lifter”
- **Getting Plugged** “Connections” & “Dowels and Strings” & “Spider Web”
- **The Wall** “Mouse Traps” & “Perception Board”
- **Channeling Challenges** “Nuclear Fallout”



Learning Activities Training

March 28 - 29, 2012
Southgate, MI
8:30 AM to 3:30 PM



Professional Development Training for:

- School Counselors
- Social Workers
- Resource Teachers
- Classroom Teachers
- School Administrators
- School Psychologists

Sponsored by:

Oakwood Taylor Teen Health Center

Location:

Oakwood Taylor Teen Health Center
19275 Northline Rd.
Southgate, MI 48195

For more info please contact **Bruce Bushnell or Jessica Warnick** at 866-949-8791

Registration info: www.whytry.org

WhyTry is one of the fastest-growing behavioral programs for at-risk youth in the U.S. It is a dynamic, easily understood approach, which is energizing professionals at every point in their career. It is the effective, hands-on solution for:

- Drop-out Prevention & Truancy
- School-Wide Behavioral Problems
- Academic Failure

Registration Form: March 28th – 29th – Southgate, MI

Name: _____ Organization: _____
 Phone: _____ Title: _____
 Email: _____ How did you hear about WhyTry?: _____
 Shipping Address: _____ Billing Address: _____

Cost: ___ \$300/ person (Training Only)
 ___ \$699/person (Training + Elementary or Secondary Curriculum Set) \$100 Savings!!
 ___ \$1199/person (Training + Learning Activities Kit) \$100 Savings!!
 ___ \$1,598/person (Training + Curriculum + Learning Activities Kit) \$200 Savings!!

Shipping: ___ Curriculum = \$15 ___ Curriculum + Learning Activities Kit = \$45

Payment Amount: _____ Credit Card Check P.O.# _____

If you are paying with a Credit Card please supply the following information:

Name on Card: _____
Card Number: _____ **Sec Code:** _____
Expiration Date: _____ **Card Type:** Amex MasterCard VISA Discover

If you are paying by credit card or purchase order then you may fax your order form to us at: **Fax # 801.437.3222**
 or mail it to: **WhyTry Inc.**
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Provo, UT 84604